

## Interdisciplinary Low Level Worksheet

When planning and reviewing a patient's rehabilitation program or prior to discontinuing therapy on a patient performing at a low level, consider the following:

Have the following areas been assessed and addressed as necessary including patient/caregiver education and return demonstration?	OT Y/N	PT Y/N	ST Y/N	Comments (Tests and Measures)
<b>Positioning</b>				
Turning and positioning schedule				
DME				
Wheelchair seating				
Positioning devices – orthotic and protective support devices				
<b>GENERAL FUNCTION</b>				
Bed Mobility <ul style="list-style-type: none"> <li>Rolling</li> <li>Scotting</li> <li>Bridging</li> </ul>				
Transfers – supine to/from sitting				
Sitting balance				
Trunk control				
Simple ADL – late loss ADL				
Communicates need to void and bowel movement				
Medication management				
<b>EATING/FEEDING/SWALLOWING</b>				
Safety of swallowing				
Efficiency of swallowing				
Hand to mouth coordination (self-feeding abilities)				
Feeding equipment				
Sitting posture				
<b>MUSCULOSKELETAL</b>				
Muscle contractures or limitations in ROM				
ROM – Axial spine, extremities				
Strength				
Tone				
<b>COMMUNICATION</b>				
Expressive/receptive aphasia				
Motor speech production				
Augmentative & Alternative Communication (AAC)				
Aural Rehab				
<b>SENSORY</b>				
Arousal/attention capability				
Auditory function				
Visual tracking				
Vestibular function				
Motor/kinesthesia				
<b>RESPIRATORY COMPLICATIONS</b>				
Add'l rehab services that could enhance respiratory function				
Breathing exercises				
Energy conservation techniques				
Management of oxygen/equipment				
<b>COGNITIVE PERFORMANCE</b>				
Memory – procedural				
Sequencing				
Distractibility				

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<b>COGNITIVE PERFORMANCE (CONTINUED)</b>				
Memory – short term				
Memory- long term				
Phone/communication use				
Select attention/neglect				
Orientation				
Engagement in meaningful activities				
<b>FAMILY AND CAREGIVER EDUCATION</b>				
Transfers				
Positioning				
Adaptive equipment				
Exercise programs				
Splint/turning schedules				
Eating/swallowing safety				
Communication				
Self management of activity tolerance				
<b>PAIN</b>				
Identification				
Assessment				
Education				
Intervention				
Pain meds (coordination with nursing)				
<b>SKIN/WOUNDS</b>				
Pressure relief				
Wound care				